

## What Is A.A.?

Alcoholics Anonymous is a fellowship of men and women who share their experience strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self supporting through our own contributions. A.A. is not Allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

## Am I an Alcoholic?

If you repeatedly drink more than you intend or want to, if you get into trouble, or if you have memory lapses when you drink, you may be an alcoholic. Only you can decide. No one in A.A. will tell you whether you are one or not.

## What happens at an A.A. meeting?

An AA meeting may take one of several forms, but at any meeting you will find alcoholics talking about what drinking did to their lives and personalities, what actions they took to help themselves, and how they are living their lives today.

If you think that you may have a problem with drinking alcohol we invite you to attend one of our meetings and see for yourself.

Ask for phone numbers

1.-----

2.-----

3.-----

4.-----

Meeting Information 386-758-4283.

## WANT HELP?



## ALCOHOLICS ANONYMOUS Where and When

### Meeting List

For

**North Central Florida**

**District 16**

*Includes*

***Lake City, Live Oak,***

***Mayo, White Springs,***

***High Springs, Fort White,  
and Branford***

## **Branford**

### **The Branford Group**

405 Henry Street.

United Methodist Church

Tuesday: 7:00 PM.

Charlie (386) 628-1653.

## **Fort White**

### **Faith, Hope, Strength Group**

118 SW Wilson Springs Road.

First Tuesday: 6:30 PM.

Fred (386) 628-2541.

## **Lake City**

### **Happy, Joyous And Free Big Book Step Study**

2423 Bascom Norris Road.

Saint James Episcopal Church.

Sunday: 6:00 PM.

Kathy (386) 438-4362.



### **Living Sober Group**

620 W. Duval St Hwy 90.

Sunday - 10:00 AM.

Monday thru Saturday - 12:00 noon.

Monday thru Sunday - 8:00 PM.

Monday thru Sunday - 5:30 PM.

Monday 12 and 12 Meeting - 5:30 PM.

Tuesday Women's Meeting – 6:45 PM.

Wednesday Big Book Study - 12:00 noon and 8:00 PM.

Thursday Meditation Meeting: 5:30 PM.

Saturday Beginners Meeting – 5:30 PM.

Saturday Speakers Meeting - 5:30 PM (except the last Saturday of the month).

Eating meeting. Eat at 7 PM - Meeting starts at 8:00PM.

Sunday AI-Anon - 12:30 PM.

[www. Livingsobergroup.com](http://www.livingsobergroup.com)

### **Montrose Group**

Monday thru Sunday: 12:00 noon.

Monday thru Sunday: 8:00 PM.

Wednesday through Friday Meditation Meeting: 9:30 PM.

Saturday Candle Light Meeting: 9:30 PM.

Sunday Breakfast: Eat 10:00 AM/Meeting 11:00 AM.

Ann (386) 288-0628; Sam (352) 278-3438;

Bacon (386) 804-7467.

[Montrose205group@gmail.com](mailto:Montrose205group@gmail.com)

**One Day  
At A Time**

## **Live Oak**

### **Live Oak Group**

911 Nobles Ferry Road.

Next to health department.

Tuesday: 7:00 PM (Open Discussion).

Thursday: 7:00 PM (book study).

Friday: 7:00 PM (open discussion/speaker).

Howard (386) 339-1879.

## **Mayo**

### **Mayo Group**

Manna House -Pine Street.

Sunday 8:00 PM.

Monday 8:00 PM.

Wednesday 8:00 PM.

Thursday 8:00 PM.

## **High Springs**

### **High Springs Group**

St. Madeleine's Catholic Church

17155 Northwest Highway 441.

Wednesday 12:00 PM.

Friday 12:00 PM.

Saturday at 12:00 PM.

## **White Springs**

### **Courage To Change Group**

White Springs Methodist Church.

16580 Spring St, White Springs, FL 32096.

Education Building Hwy 41.

Monday 8:00 PM.